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AMENDMENTS TO THE CLAIMS

Please add or amend the claims to read as follows, and cancel without prejudice or disclaimer to resubmission in a divisional or continuation application claims indicated as cancelled:

- (Currently Amended) An acupressure ring for use on an outer finger, and comprising 1. two or more rings sized to be worn closely around the finger of a user and having a visual indicator visible when the rings are worn on the outer finger and a projection extending inwardly from an inner surface of said acupressure ring, the projection being approximately orthogonal to the visual indicator, wherein said visual indicator is provided by a break in said acupressure ring.
- 2. (Previously Presented) An acupressure ring according to claim 1, wherein said projection has a mid-point, which is approximately 90° around said acupressure ring from said mid-point of said visual indicator.
- (Previously Presented) An acupressure ring according to claim 1, in which the cross 3. section of the projection is round, cylindrical, conical, square or rectangular.
- 4. (Previously Presented) An acupressure ring according to claim 3, wherein said projection is a single projection.
- (Previously Presented) An acupressure ring according to claim 4, wherein the acupressure ring is comprised of two rings.
- (Previously Presented) An acupressure ring according to claim 5, wherein a bridging member connects each one of the rings.
- 7. (Canceled)
- (Previously Presented) An acupressure ring according to claim 1, wherein the distance that said projection extends from said inner surface is from 1 to 4 mm.
- 9. (Previously Presented) An acupressure ring according to claim 8, wherein the distance is from 1.6 to 2.0 mm.

10-14. (Canceled)